

# ST.MARY'S MATRICULATION HR SEC SCHOOL

IRULANCHERI,PERAMBAKKAM-631402

FEBRUARY NEWSLETTER-2025



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# ADMINISTRATOR MESSAGE



As we continue to strive for academic excellence, we recognize the importance of concentration in achieving our goals. In this newsletter, we will explore the significance of concentration, its benefits, and provide tips on how to improve focus.

**Why Concentration Matters.** Concentration is the foundation of learning. When students can focus, they can absorb and process information more effectively, leading to better academic performance and increased confidence.

## Tips to Improve Concentration

1. **Create a conducive learning environment:** Ensure the learning space is quiet, comfortable, and free from distractions.
2. **Set clear goals and priorities:** Help students set specific, achievable goals, and prioritize tasks to maintain focus.
3. **Practice mindfulness and meditation:** Regular mindfulness and meditation practice can improve attention and reduce stress.
4. **Limit technology use:** Establish technology-free zones and times to minimize distractions and promote focused learning.

Concentration is a vital skill for academic success and lifelong learning. By working together, we can help our students develop the focus, attention, and perseverance needed to achieve their goals.

Thank you for your continued support.

Best regards,

REV SR. REESAL  
ADMINISTRATOR



# PRINCIPAL MESSAGE



Dear Students, Parents, and Teachers,

As we approach the final exam season, I wanted to take a moment to offer some valuable tips and reminders to help our students prepare for success.

**Stay Calm and Focused.**

It's natural to feel some level of stress or anxiety when facing exams. However, it's essential to manage your nerves and stay focused on your goals. Take breaks, practice relaxation techniques, and remind yourself that you've prepared well.

**Create a Study Plan**

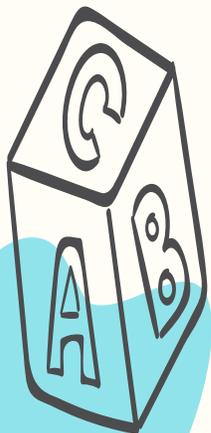
Develop a study schedule that allows you to review and practice all material covered in the semester. Break down your study sessions into manageable chunks, and prioritize the most challenging topics. Stay **Positive and Motivated**

Remind yourself of your goals and why you're working hard. Celebrate your progress, no matter how small, and stay positive. You've got this!

I wish all our students the very best as they prepare for their final exams. Remember, hard work, dedication, and perseverance will pay off. If you have any questions or concerns, please don't hesitate to reach out to your teachers or school administration.

Best regards,

**Ms. M. SELVI SAGAYA MARY**  
**PRINCIPAL**



# FLOWERS FUN ACTIVITY



LKG kids sparked the curiosity and creativity through flowers fun activity. They learnt about different types of flowers, their colors and their importance in nature.

# AT THE ZOO ACTIVITY



LKG tiny tots had an exciting time during At the zoo activity. This activity helped children to identify different animals and their corresponding sounds.

# TELLING TALES ACTIVITY



LKG little story tellers had a funny home story telling session. Children's actively participated by sharing their thoughts answering questions and even roll playing parts of the story.

# ALPHABET ACTIVITY



Our little learners from LKG had an exciting time during the alphabets activity. Engaging in fun filled games hand's on craft and interactive learning.

# OUR COMMUNITY HELPERS



UKG kids learnt about Our Helpers and how they make lives easier. Through stories, role-playing and discussions, they explored the roles of doctor, teachers, farmer, mason and tailor.



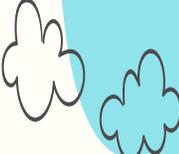
# ONE AND MANY ACTIVITY



UKG kids learnt about one and many through fun activity. They identified singular and plural objects using pictures real objects flash cards and hand's on games.



# COUNT AND WRITE



UKG little mathematicians had a fantastic time during the count and write activity. Engaging in matched numbers counted objects and practiced count and writing was truly a joy.



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# புதிய சொற்களை உருவாக்குவோம்



Our UKG kids had a blast discovering new vocabulary! Students searched for hidden words in pictures and text. They learnt new words and their meanings.

# DAYS OF THE WEEK

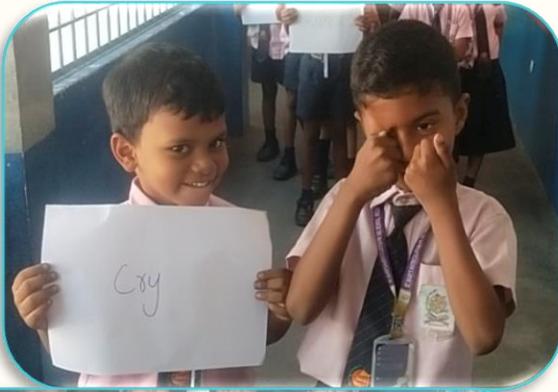


Our UKG kids had fun learning the days of the week through songs and stories.

Keep the learning going by asking them, "What day is today? Or What comes after Monday?"



# ACTION WORDS



“ Action speaks louder than then the words”. Absolutely true in order to know more about the action words “Action words activity was conducted for Grade I as a part of their English activity. By this activity students were able to learn action words used in daily life. .

## Benefits of the activity:

- It helps give clarity – When kids use action words, it helps everyone understand exactly what action they have performed or are performing.
- It helps show their purpose – Action words help define a purpose for kids, so that there is a very clear focus.



# NEWSPAPER DAY



On January 29 we celebrated News paper day. Teachers insisted the students to read newspapers regularly to expose students to a wide range of topics, from politics and economics to science and culture. This helps them stay informed about current events and developments both locally and globally, fostering a deeper understanding of the world around them.

# NUMBERS ACTIVITY



Grade 1 students did numbers activity as part of their Maths activity. By doing this activity students learnt Numbers are the foundation of basic math skills like addition, subtraction, multiplication, and division.

These skills are essential for success in school and in everyday life. Children who have a strong foundation in numbers will be better equipped to master basic math skills.

# FAMILY TREE ACTIVITY



A family tree is simply a diagram that shows the relationship between the members of a family. Grade I students did their family tree activity. By doing this activity they were able to understand which generation they belong to and how they are related to other family members.

# COLOR MATCHING ACTIVITY



“ colors are the smiles of the nature “ In order to identify the different colors , colors activity is conducted for Grade 2 students to help children develop their fine motor skills, hand-eye coordination, and visual discrimination skills. They can also help children learn about colors, patterns, and early maths concepts.

# PEOPLE'S WHO HELP US!



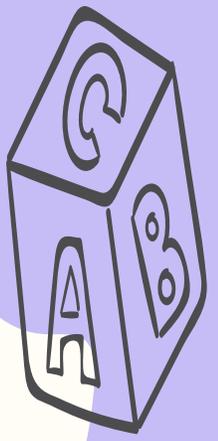
The students of Grade 2 participated in an engaging activity to learn about people who help us. The activity began with a discussion on the different types of helpers we encounter in our daily lives, such as doctors, teachers, police officers, and farmers. Our students acted and dressed like various community helpers, and understood their selfless service.

# MONEY ACTIVITY



Money is only a tool. It will take you wherever you wish, but it will not replace you as the driver. In order to know the value of money, this activity was conducted for Grade 2 students. Money teaches responsibility and helps children become more independent and prepare themselves for real-world situations.

# TAMIL ACTIVITY



Maram Valarpom Tamil activity was conducted for grade 4. students shared information about the benefits of planting trees by drawings, writing slogans and debate . The activity was concluded with the following slogan .“If you cut a tree, you kill a life. If you save a tree, you save a life. If you plant a tree, you plant a life.”

# TAMIL ACTIVITY



Grade 5 students enthusiastically participated in the "Veerathai Paraichatruvom" Tamil activity, showcasing their language skills, creativity, and teamwork.

# NO BAG DAY ACTIVITY

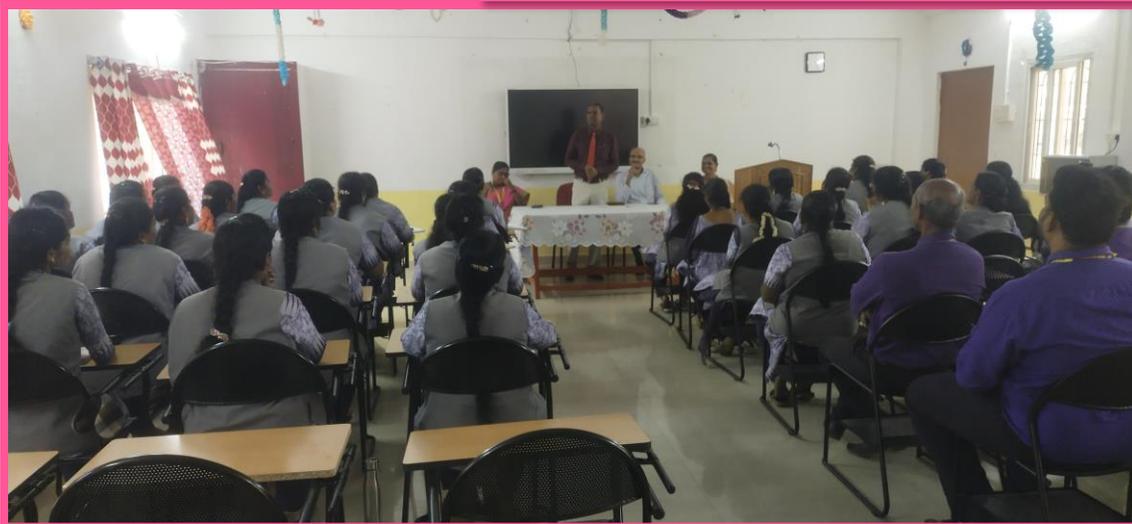


We are engaging our students in no bag day activities and remedial classes on Saturdays, where students can work together to find creative solutions, to develop critical thinking and problem solving skills.

# DFT VISIT



Director and Academic coordinator from DFT inspected the school on 31.01.2025. Random notebook checking, teachers records, toppers meeting, teachers meeting were done. They gave their valuable inputs and suggestions for further development of the school.



# INTERVIEW



Walk in interview was conducted on to select teachers for next academic year.

# CANVASS

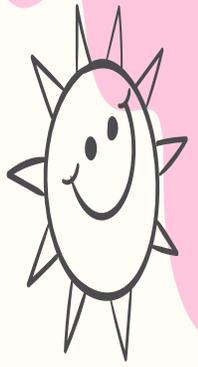


**Our teachers visited the homes of their students to know about their study habits and behaviour at home and provide guidance on the holistic development. This personalized outreach enabled teachers to better understand students' strengths, challenges, and learning needs, ultimately supporting informed decision-making regarding admissions.**

# AWARDING LONG SERVICE TEACHERS



Administrator awarded and appreciated the long serving teachers with certificates given by our Founder and Chairman Rev.Fr.Dr.J.E.Arul Raj .



# STRATERGIC PLAN



**Strategic planning Committee meeting was conducted which aims to academic excellence, community engagement and infrastructure development. Our team has been working tirelessly to ensure we meet our targets. Coordinators who attended the two days workshop at DFT were awarded with certificates.**

# CODING ASSESSMENT



Online coding assessment was conducted for the classes 1 to 5 to evaluate their coding skills and knowledge. The assessment aimed to:- Evaluate students' understanding of basic coding concepts- Identify areas of strength and weakness- Provide insights for future coding curriculum development

# TOPPERS MEETING



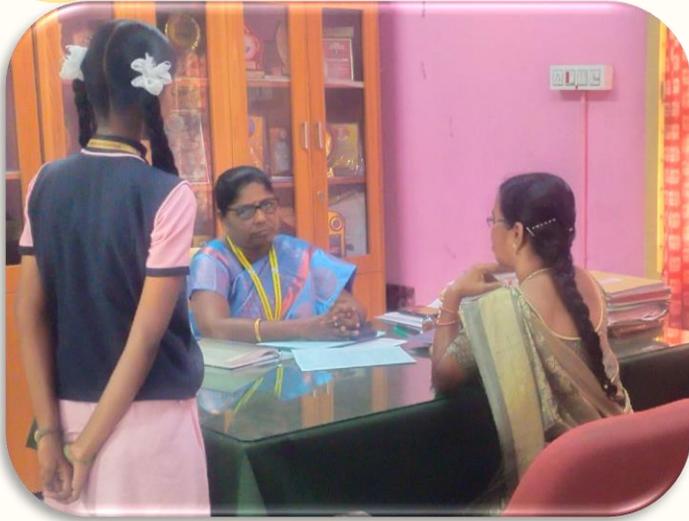
Principal conducted a special meeting for our top performing students. This gathering is designed to discuss about achievements and strategies for continuous success. This meeting is a great opportunity to connect with high achievers and gain insights that can benefit our academic journey.

# BLOOMERS MEETING



Principal conducted Bloomers Meeting for STD X students, fostering an interactive and supportive environment to discuss their progress, address concerns, and provide guidance for future growth.

# OPEN DAY



Annual exam was conducted for STD IX students. Principal met the parents individually regarding the promotion of the students to STD X.

# ABACUS TEST



Abacus is a manual tool used to keep track of numbers and to perform basic mathematical operations. Abacus assessment was conducted for grade I-V students in order to check their understanding level.

**Benefits of learning abacus:**

- Enhances Mental Calculation Skills. ...
- Develops Concentration and Focus. ...
- Boosts Memory Retention. ...
- Enhances Problem-Solving Abilities. ...
- Fosters Logical and Analytical Thinking. ...
- Encourages Speed and Accuracy. ...
- Cultivates Confidence in Mathematics. ...
- Promotes Hand-Eye Coordination.

# DEPUTY COLLECTOR'S VISIT



Deputy collector visited our school on 13.02.2025

# TEACHERS PICNIC



Teachers were taken for picnic on 22.02.2025 to Mahabalipuram which was a wonderful opportunity to unwind, connect with colleagues and enjoy a day filled with laughter and relaxation.

# CODING COMPETITION



Interschool Coding Competition was conducted on 22.02.2025 at JVK. Three students from grade 3 to 5 participated in the competition.

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# NATIONAL DEWORMING DAY

February 10 2025

A worm-free child is healthy  
- let's join hands for National Deworming Day."

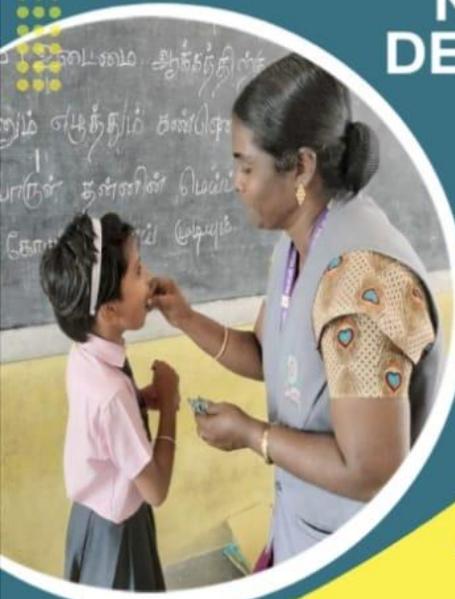
**ADMISSIONS OPEN FOR**

**PRE KG TO IX & XI**

**REGISTER NOW!**  
Applications are available!

For More Details Contact

044-27655373,  
9444376142,9150076701,8939863542



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# HBD



**S. Gopinath, IV A**

Happy birthday!  
May your special day be as bright and beautiful as your smile.

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**ST. MARY'S MATRICULATION HR SEC SCHOOL**  
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**ADMISSIONS OPEN**

**2025-2026**  
Enroll Now for a Bright Beginning!

We are excited to invite prospective students and their families to join our nurturing and vibrant community.

**OUR FACILITIES**

- ✓ Play Ground
- ✓ School Bus Service
- ✓ Class Programs
- ✓ Extracurricular Activities

**WHY CHOOSE US?**

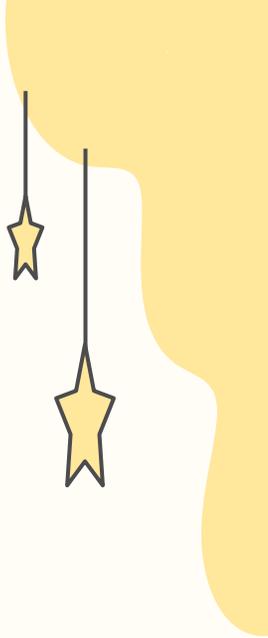
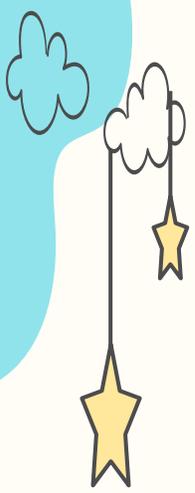
- ✓ Academic Rigor
- ✓ Dedicated Educators
- ✓ Extracurricular Opportunities
- ✓ Inclusive Community

**REGISTER NOW**  
APPLICATIONS ARE AVAILABLE!

**FOR MORE INFORMATION**  
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# ADMISSION INITIATIVES





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**THANK YOU**

